



24-Hour Crisis Line: 303-280-3180

**Peace Be Still**  
**By Angela McMahan**

*"Now when He got into a boat, His disciples followed Him. And suddenly a great tempest arose on the sea, so that the boat was covered with the waves. But He was asleep. Then His disciples came to Him and awoke Him, saying, and 'Lord, save us! We are perishing!' But He said to them, 'Why are you so fearful, O you of little faith?' Then He arose and rebuked the winds and the sea, and there was a great calm. So the men marveled, saying, 'Who can this be, that even the winds and the sea obey Him?'" Matthew 8:23-27 (NKJV)*

WOW!!! I don't know about y'all but for me the New Year started off CRAZY!!! I had such a fantastic December, so many blessings, so much love and abundance. Then the New Year hit and it seems like anything that could go wrong, did. If it wasn't this then it was that, if it wasn't that it was this; disappointing news, relationship issues, denial letters, traffic tickets, I got sick, the dog got sick but the kicker was when my year and half old kitten got stuck between the floor and the subfloor in my bathroom.

Have you ever had a problem that you just did not know how to fix? I could see my kitten through the crack in the floor and I had no idea how she got in that place or how in the world I was going to get her out. Can I tell you I completely panicked! Normally I am pretty calm and cool under pressure but not when it comes to my animals. It completely freaked me out.

My assumption was that the only way we were going to get her out was to cut up the floor but I don't have a saw, or know how to use one or better yet even know where and what I should cut and not cut. I was in full fledged crisis mode. I called everyone I could think of: my friends, my plumber, co-workers; I even tried the local police and animal control. No one could help me. I was lost and had no idea what to do. Then my extremely wise boyfriend called me back and said something so simple yet so profound. He said; "Angi, calm down and take a deep breath. You already know the answer of how you are going to get her out. It's already on the inside of you but you have to be still and listen."

Now honestly I was thinking how in the world is this advice supposed to help me? Can't you come over to my house and help cut my cat out of the ceiling already? By this point I just lay on my bed feeling sorry for myself, thinking why won't anyone help me? Then I started to pray. Lord, please help me! I'm all she has and I have no idea what to do. As I lay there it started to come to me that my kitten always comes to the sound of me tapping my fingernails together. So I went back to the hole where my cat had fallen and started to tap my fingernails together. Next thing I knew out popped my cat. OK, three hours later out popped my cat but the point is: "It worked," and eventually my cat came out.

You see much like the disciples in the story I took my eyes and focus off of God and put it on my situation. I called everyone else EXCEPT the One who could really help me. I allowed all the disappointment and discouragement of the week to distract me. I allowed life to steal my joy and my peace. I knew just as my boyfriend had said, the answer was inside of me. "You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world." 1 John 4:4

God has placed great plans, visions and dreams in you for 2012. You will achieve and accomplish all of them as long as you keep your eyes focused on Him. When life starts to happen and you start to become afraid, doubtful and worried remember the scripture from Philippians 4:13 that says: "I can do all things through Christ who strengthens me

Lastly, I challenge each of you this month to not let anyone or anything steal your peace. Every time life gets a little challenging repeat this to yourself: "You were made in the likeness of a peace that nothing can disturb. Reclaim your peace that you may attain to your reason for coming into existence-THE ENJOYMENT OF LIFE." And get ready to have an amazing and remarkable year!

**NOTE from Angi:** Thank you so much everyone for voting for us on the Pepsi Refresh Everything grant. Sadly we were not one of the top 5 in our grant category and did not receive the funding BUT we were ranked #191 out of 8,200 nationwide which is very impressive. The love, support, teamwork, encouragement, dedication and hard work from all of our faithful followers and fans were AMAZING!!! All of us here at Arising Hope send our most heartfelt thank you. We continue to be successful because of YOU!!!

### Memory Verse

*"Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid." John 14: 27 (NKJV)*

## TESTAMONIALS

### Billye

R2F has opened my spiritual eyes to God's truth concerning HIS love and forgiveness! Through journaling I found a scripture that totally satisfies my soul – Psalms 32:1-2. Showed me that everything I have done to myself and others has been forgiven. Covered and the Lord doesn't hold my wrongs against me! I have found peace that surpasses understanding through the directors and leadership of R2F. Thank God for this ministry-It's truly a PRICELESS resource!!!

### Gloria

33 years ago I went to Alanon. I was in the program for 26 years; this helped me to deal with anger and an abusive relationship and understand how I was affected by alcoholism. I worked the 12 steps continually. 11 years ago my youngest brother died and the anger started to come back. Then 2 years later my x-husband abused my 12 year old granddaughter sexually. That created a huge split in my family. I became very angry at God. I became very skeptical of religion. I started to work on this issue a year ago but I could not let go of the guilt that my granddaughter would have been spared the path she went on after the abuse if only I had handled the situation better. This guilt I could not get rid of brought me to the class. This guilt was freed after the 1<sup>st</sup> class and my faith has been restored.

### Tracey

Jesus is the reason for this season of change. I walked in this class with much hurt and pain. But God keep my fire to burn with desire to sit back and to notice just how I lost focus. It was a lack of faith and not putting him first. That I too was the cause of my pain and some of my hurt. One week at a time with each lesson that I learned how much I could not see.

### Dee

No father, no mother, 7 kids lost and all alone. We were left on our own, abandoned and with no home. Foster care is where we were placed and even that went terrible. I got molested, raped and abused mentally, physically, emotionally and sexually. This was my life story. I got jumped into gangs and started living by the game and its rules. I was doing a lot of bad things. I lost my twin brother who got murdered right in front of me. I had a basketball scholarship and I got shot a few times when my brother got murdered. I lost that scholarship, and then my mother didn't even show up to his funeral. My grandmother passed away on my 20<sup>th</sup> birthday from breast cancer. My life has been real hard but I'm writing a book and using my testimony to help people out and change their lives. I love this class, "Road to Freedom." It helps me let go of my past.

## Always and forever

*You will always be in my heart always and forever. There is no way I could forget you.*

*You were the only one who showed love back,*

*How could it be I thought it was only you and me. Just thinking about all the words you said. Now I am stuck but I know not to never give up.*



# Arising Hope

January,  
2012

## ADDRESS:

PO Box 1114  
Eastlake, CO 80614-1114

## PHONE:

24-Hour Crisis Line:  
303-280-3180

## E-MAIL:

info@arisinghope.org

## WEBSITE:

www.arisinghope.org

## Wish List:

We are in need of the following items this month; canned green beans, canned carrots, twin size sheet sets, new panties (size large and ex large), detergent for the dishwasher, fax machine, file folders, brooms and legal tablets.

Follow us  
on  
Facebook:

<http://www.facebook.com/home.php?ref=home#!/pages/Arising-Hope-International/140849206907>



## Classes starting for Road to Freedom:

Monday, January 23, 2012 at 6:30 PM at the Potter's House Church of Denver. 9495 E Florida Ave, Denver, CO 80247 (room 116).

If you are sick and tired of being sick and tired, then this is the class for you! Road to Freedom is an 11 week deliverance class designed to give you the necessary tools to completely heal from any hurt, habit or hang-up.

You can start the class at any time. Please contact Angi for more details at 720-436-1206.

## Volunteers needed:

We are looking for hard working, self-motivated, dependable, friendly men and women to assist us at our thrift store at Mile High Marketplace (88<sup>th</sup> and I-76). Individuals should be avail during the day on Fridays, Saturdays and/or Sundays. Individuals should be able to approximately 35 – 50 lbs. and enjoy working outside. All those interested please contact Angi at 303-436-1206



## Save the Date!

You asked for it and we are bringing it back!

### A Tender Touch Valentine's Day Event

Saturday, February 11, 2012 at 7 PM  
Location: TBA

The night will include live performances, romantic dinner, silent auction and so much more. Mark your calendars and tell all your friends because you won't want to miss out!



**Huge THANK YOU's** to all of the wonderful individuals that donated so many awesome and amazing gifts for those staying with us for the holidays. Special thanks to IMPND, Anthem Blue Cross Blue Shield, Sherwin-Williams, Blueline Property Group, Potter's House of Denver, Crossroads Church, Liberty Tax Services, Sophie's Pantry, Immaculate Heart of Mary, Patrick Frasier, Amber Laforce, Leventhal-Brown & Puga@Law, Long Technology's and the Florence Martin Memorial Fund for your generous contributions and continued support!!!



## Donation Pick-Up Day

Tuesday, January 10, 2011 Call 303-280-3180 to schedule a pick up!

# January 2012 Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 8 am - 10 am ROAD TO FREEDOM- ACDF	5	6 MILE HIGH FLEA MARKET	7 MILE HIGH FLEA MARKET
8 MILE HIGH FLEA MARKET	9	10 DONATION PICK UP DAY	11 8 am - 10 am ROAD TO FREEDOM- ACDF	12	13 MILE HIGH FLEA MARKET	14 MILE HIGH FLEA MARKET
15 MILE HIGH FLEA MARKET  11:00 pm - 1:00 pm ROAD TO FREEDOM LEADERSHIP MEETING	16 Martin Luther King, Jr. Day	17	18 8 am - 10 am ROAD TO FREEDOM- ACDF	19	20 MILE HIGH FLEA MARKET	21 MILE HIGH FLEA MARKET
22 MILE HIGH FLEA MARKET	23 6:30 pm - 8:30 pm ROAD TO FREEDOM	24 10:30 am - 2:30 pm AURARIA VOLUNTEER FAIR	25 8 am - 10 am ROAD TO FREEDOM- ACDF	26	27 MILE HIGH FLEA MARKET	28 MILE HIGH FLEA MARKET
29 MILE HIGH FLEA MARKET	30 6:30 pm - 8:30 pm ROAD TO FREEDOM	31				



Happy New Year!!