



Arising Hope

September,
2012

24-Hour Crisis Line:
303-280-3180

Work It Out By Angela McMahan

*"And whatever you do, do it heartily, as to the Lord and not to men,"
Colossians 3:23*

What the heck is going on with our workforce these days. Is it just me or does it seem like no one wants to work anymore? There is an overwhelming sense of entitlement and a mentality that says loud and clear, "it's all about me." Many folks are just looking for a handout instead of a hand up.

And don't even get me started on the customer service in America right now. You go into Wal-Mart and ask where the item is that is on sale only to have the clerk answer: "I don't know." You go to Taco Bell and have to help the cashier count back your change. When did words like hard work, integrity, character and honor become old fashion?

I meet many people who say they want to be well and say they want a job but their say and do don't line up. Just like the man sitting at the gate of Bethesda I think to myself constantly: "do you want to be well?" We can't just think and will ourselves well. To stop a habit or quit an addiction is hard and it takes work, HARD work. Just like sitting in a garage all day doesn't make you a car, wishing you were this or that doesn't get the job done. *"And Jesus said unto him, No man, having put his hand to the plough, and looking back, is fit for the kingdom of God."* Luke 9:62

What would happen to America if we all started doing our work as unto the Lord. If we stopped manipulating to get our needs met and truly trusted God to provide for us. If we understood that we can grow where we are planted and it is not our boss that promotes us but God. *"But it is God who judges: He brings one down, he exalts another."* Psalms 75:7 Is it possible that under this new directive America could truly be great again. My Bishop likes to say: "It will work if you work it!"

We also need to watch what we say and how we say it. I'm not sure when I became so prude but honestly I am appalled by the cursing and language used in professional settings these days. I was at an ER when the doctor who was treating me dropped the "F bomb" and then the nurse who blew my vein said "God %\$^* it and finally I called a woman to schedule an interview and was greeted with "where the bleep bleep have you been!" I mean seriously! We have what we say we will have, we attract into our lives that which we put out and when will we truly understand that according to Proverbs 18:21, *"The tongue can bring death or life; those who love to talk will reap the consequences."*

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"For the Father loves the Son, and shows Him all things that He Himself does; and He will show Him greater works than these, that you may marvel." John 5:20

TESTAMONIALS

Shelia

Because I am not involved with organized religion, I cannot recite a verse from the bible, but can relate and wanted to share this: a chorus from a Rap Singer called Mack 10

"Most people get outrageous when they hit they knees. But i'ma thank you for the simple things the grass and the trees. I'm grateful for everything my fame and good wealth. I'm blessed with good money but most of all with good health. God if they don't think I'm sincere they don't know me never knew me. And I tear up every time I think how good you been to me. I should of lost a few times and walked away without any pay. But I got favored with you and you gave it to me anyway
So when you blind in a situation believe he can show you, And if you ever need a hug then just believe he can hold you. So turn to the Lord for he's the best to consult you. And that's the realest thing that Mack 10 ever told you"

I have struggled with my weight for approximately 14 or so years. My weight has increased with a few major life changing events, my first divorce in 1996 involving infidelity and (DV), the passing of my father in 1998, finishing up my bachelor's degree 2000, another marriage in 2001, involving (DV), spousal incarceration for 3 years and another divorce. Yet another relationship in 2003, involving his alcohol abuse magically no (DV) ended in 2008 and meanwhile, maintaining the raising of my two children by myself and suffering from major depression. In 1994 I weighed 210 by 2010 I weighed 310. I met my current fiancée in 2010 and had the inspiration to join 24 hour fitness and begin a healthy diet, inevitably I've lost 65 pounds since then, this has been a constant struggle I stopped going to the gym regularly and I have yoyo'd up and down 10-25 or so pounds in the last year. I had a real breakdown one night with emotions and stress at the heightened level and I went to the fridge and looked at a frozen candy bar that I wanted to eat really badly to comfort

Tanya

An event happened in my life that led me to discover where my anger was coming from. This event in my life caused some serious depression and hurt. I was at the point where I really didn't want to do anything anymore. I tried to hide it around certain people and even tried to hide it in this class. Deep down I knew that I was better than the current thoughts that I was having about myself. I knew I was a zillion times stronger and I knew I had to get a grip somehow but how? I knew if God didn't bring me to this I wouldn't have discovered this about myself. I also kept telling myself that if God brought me to it he will bring me through it and that he is obviously setting me up for something amazing. I knew I had discovered the root of the issue but I knew I couldn't fix it alone. A friend told me about the class and I attended the graduation prior to our class and right away knew that this would really be beneficial to me. By attending Road to Freedom I learned so much. God truly spoke to me through each lesson and I am thankful that he led me to this place. Without Him and all of you I wouldn't have made it on my own.

Rhonda

I was diagnosed with Agoraphobia in February of 2011. I was not able to leave my house without someone being with me. I got to the point after several months that I could go out the front door by myself. I worked my way to being able to take my dog for a walk every day. After about 6 months I was able to go to church by myself and take classes. The Lay Counseling class has allowed me to take other classes. Even though I was taking classes I would start to have a panic attack if I was away from my house longer than 3 hours. There was a three day retreat that was coming up for the Lay Counseling class and I wanted to go but I was scared to go. I signed up to go and thought that I would give it a try and take my anti-anxiety medicine with me. I figured that I could always go home if it got too bad. I knew that God was with me while I was there. When I got there I realized I forgot to bring my medication, and I started to go into a panic attack. At that time I sat down on the bed and started to pray. I made it through the first day and that night I was getting a little anxious. Every time I would get anxious I would pray and it would get me through. I was able to make it through the entire 3 days of the retreat. Since the retreat I have been able to go away on another 3 day trip and didn't have to take my medicine. I am now looking forward to be able to go back to work instead of staying home all the time. I know that if I can overcome this with God's help anyone can as long as they turn to God in their life.



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ADDRESS:

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PHONE:

24-Hour Crisis Line:
303-280-3180

E-MAIL:

info@arisinghope.org

WEBSITE:

www.arisinghope.org

Wish List:

We are in desperate need of the following items this month; black trash bags (yard), kitchen bags (white), index cards, paper towels, tissue/Kleene x, toilet paper and mason jars

Follow us on Facebook:

<http://www.facebook.com/home.php?ref=home#!/pages/Arising-Hope-International/140849206907>



Follow us on Twitter:

@ArisingHope1



How Can I help and have fun?

DISCOUNTED ELITCH TICKETS STILL AVAILABLE: Here's the deal – The summer discount is \$29.99 per ticket which is a great deal now that Island Kingdom Water Park is open featuring their new water slide, the Tube Top! After Labor Day this offer goes back down to \$24.99 and will be good through our Fright Fest. Best of all – Arising Hope will still receive \$5 for every discounted admission ticket sold! Click here to purchase tickets:

<https://shop.accesso.com/clients/accesso14/elitchgardens/affiliate?m=12214&username=Arising&password=Hope2011>



CALLING ALL VOLUNTEERS: We are currently looking to fill the following volunteer positions 1. Administrative Assistant and 2. Volunteer Coordinator. Those interested should have a professional work ethic and reliable transportation. Please call Angi at 720-436-1206 for more details.

Thank you all the many AWESOME and AMAZING VOLUNTEERS that worked out Pepsi Coolzone booth at the Taste of Colorado this year. We are truly successful because of YOU!!!

Donation Pick-Up Day

Tuesday, September 11, 2012

Call 303-280-3180 to schedule a pick up!

Arising Hope September 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	31	September 1
MILE HIGH FLEA MARKET 9 am - 4 pm NORTHGLENN FARMER'S MARKET	6:30 pm - 8:30 pm ROAD TO FREEDOM				MILE HIGH FLEA MARKET	MILE HIGH FLEA MARKET 10 am - 3 pm WESTMINSTER FARMERS MARKET
2	3	4	5	6	7	8
MILE HIGH FLEA MARKET 9 am - 4 pm NORTHGLENN FARMER'S MARKET	Slight Chance Thunderstorms 88°/59° Labor Day 6:30 pm - 8:30 pm ROAD TO FREEDOM	Mostly Sunny 87°/52°	Mostly Sunny 84°/54° 10:30 am - 2:30 pm FALL 2012 VOLUNTEER FAIR	Mostly Cloudy 87°/56°	Slight Chance Thunderstorms 75°/51° MILE HIGH FLEA MARKET	Partly Sunny 80°/53° MILE HIGH FLEA MARKET 10 am - 3 pm WESTMINSTER FARMERS MARKET 10 am - 5 pm HARVEST FEST BAZZAR - THORNTON
9	10	11	12	13	14	15
MILE HIGH FLEA MARKET 9 am - 4 pm NORTHGLENN FARMER'S MARKET	6:30 pm - 8:30 pm ROAD TO FREEDOM	DONATION PICK UP DAY	10 am - 3 pm FALL FESTIVAL - AURARIA	10 am - 3 pm FALL FESTIVAL - AURARIA CAMPUS	MILE HIGH FLEA MARKET	BROOMFIELD DAYS MILE HIGH FLEA MARKET 9 am - 6 pm SUMMERSET FESTIVAL - LITTLETON 10 am - 3 pm WESTMINSTER FARMERS MARKET
16	17	18	19	20	21	22
MILE HIGH FLEA MARKET 9 am - 4 pm NORTHGLENN FARMER'S MARKET 9 am - 4 pm SUMMERSET FESTIVAL - LITTLETON	6:30 pm - 8:30 pm ROAD TO FREEDOM				MILE HIGH FLEA MARKET	MILE HIGH FLEA MARKET 10 am - 3 pm WESTMINSTER FARMERS MARKET
23	24	25	26	27	28	29
MILE HIGH FLEA MARKET 9 am - 4 pm NORTHGLENN FARMER'S MARKET 11 am - 5 pm PARK HILL STREET FAIR	6:30 pm - 8:30 pm ROAD TO FREEDOM	10 am - 2 pm 2012 RESOURCE AND NETWORKING FAIR			MILE HIGH FLEA MARKET 8 am - 3 pm DENVER HUMAN SERVICE FALL FESTIVAL	MILE HIGH FLEA MARKET 10 am - 3 pm WESTMINSTER FARMERS MARKET
30						
MILE HIGH FLEA MARKET 9 am - 4 pm NORTHGLENN FARMER'S MARKET						